## Ann Schiebert, PsyD 43 Quail Court, Suite 207 Walnut Creek, California 94596

## PERSONAL DATA INFORMATION

DATE:	
NAME:	
	WORK PHONE:
CELL PHONE:	
CITY:	ZIP CODE:
AGE:	DATE OF BIRTH:
EMAIL:	
RELATIONSHIP STATUS:	
☐ MARRIED ☐ PARTNERED ☐ SINGLE ☐ SEPARATED ☐ DIVORCED ☐ WIDOWED ☐ DATING	
NUMBER OF YEARS IN THIS	RELATIONSHIP STATUS?
DO YOU HAVE A SPIRITUAL	PRACTICE? [ ] YES [ ] NO
REFERRED BY:	
EMERGENCY CONTACT INFO	DRMATION:

NAME OF EMERGENCY CONTACT:
PHONE NUMBER:
RELATIONSHIP TO YOU:
ARE YOU CURRENTLY IN ANY OTHER GROUPS, COMMUNITY SUPPORTS OR THERAPY? [ ] Yes [ ] No
IF YES, PLEASE DESCRIBE:
<u>Psychiatric Treatment History</u>
Outpatient psychiatric treatment? [ ] Yes [ ] No
IF SO PLEASE PROVIDE:
NAME:
ADDRESS:
DATES:
WAS YOUR THERAPY EXPERIENCE HELPFUL? [ ] Yes [ ] No
IF YOU CHECKED YES, WHAT WAS HELPFUL?
IF YOU CHECKED NO, WHAT DIDN'T WORK FOR YOU?

Psychiatric hospitalization [ ] Yes [ ] No

Total number of admissions?
Date of last admission:
Hospital diagnosis:
Have you ever attempted suicide? [ ] Yes [ ] No
Are you considering suicide now? [ ] Yes [ ] No
CURRENT PSYCHIATRIC DIAGNOSIS:
CURRENT PRESCRIBED MEDICATIONS:
CURRENT OVER THE COUNTER MEDICATIONS:
ANY SERIOUS OR CHRONIC MEDICAL CONDITIONS?
ANY SERIOUS ACCIDENTS/HEAD INJURIES/SEIZURES OR TRAUMATIC BRAIN INJURIES? IF YES, PLEASE PROVIDE DETAILS.

Chemical Dependency Treatment History:

CD outpatient treatment? [ ] Yes [ ] No Please describe with dates and names of treatment providers:		
CD hospitalization: [ ] Yes [ ] No		
CD residential treatment:		
Dates:		
Name of facilitie(s):		
Do you have any medical concerns"? [ ] Yes [ ] No		
Please describe:		
Do you have any psychiatric concerns? [ ] Yes [ ] No		
WHY ARE YOU SEEKING THERAPY NOW?		
WHAT ARE YOUR GOALS?		
WHAT ARE YOU SEEKING? (PLEASE CHECK ALL THAT APPLY)		
☐ INDIVIDUAL THERAPY?		
☐ TRAUMA THERAPY?		
☐ CODEPENDENCY GROUP?		
☐ RELATIONSHIP THERAPY?		

☐ FAMILY THERAPY? ☐ SUBSTANCE ABUSE TREATMENT?  ANY OTHER TYPE OF THERAPY NOT MENTIONED HERE? [ ] YES [ ] NO		
Do you use alcohol?	How much per week?	
What is your alcohol of choice?		
Do you use any of the following an	d please check all that apply:	
Marijuana/Hashish		
First use:		
Last use:		
Benzodiazepines		
First use:		
Last use:		
ethamphetamines/Crank First use:		
Last use:		
Cocaine/Crack		
First use:		
Last use:		
Club Drugs (Ecstasy, Poppers etc.)		

First use:
Last use:
Pain Medications
First use:
Last use:
Heroin/Methadone
First use:
Last use:
Inhalants
First use:
Last use:
Nicotine
First use:
Last use:
Caffeine
First use:
Last use:
Over the Counter Cough Syrup
First use:
Last use:

Do you feel you have an alcohol or drug issue?

Has your use of alcohol or any other drugs caused a problem for you?
Has your use of alcohol or any other drugs caused a problem for you at work?
Has your use of alcohol or any other drugs caused relationship or family problems? If yes, with whom:
How often do you use mind altering substances? Daily [ ] Weekly [ ]
Weekends [ ] Monthly [ ]
Is it difficult for you to control your intake of alcohol/drugs? [ ] Yes [ ]No
Any previous treatment for substance abuse?
Dates:
Locations:
History with the law:
DUI: [ ] Yes [ ] No
Other incidents with the law [ ] Yes [ ] No
Please explain:
When?
Have you ever been in a relationship where your partner hit slapped, kicked, choked or otherwise physically hurt you? [ ] Yes [ ] No
kicked, choked of otherwise physically fluit you: [ ] les [ ] NO

In the last 12 months has your partner kicked, slapped, choked or otherwise physically hurt you? [ ] Yes [ ] No
Are you afraid of your partner? [ ] Yes [ ] No
In the last 12 months have you been forced to participate in unwanted sex? [ ] Yes [ ] No
Family history of drugs/alcohol problems [ ] Yes [ ] No
Relationship to you: (e.g. sister, brother, etc.)
Family history of psychiatric problems:
Relationship to you
Diagnosis:
Relationship to you-
Diagnosis:
Check your highest completed level of education?
☐ Grammar school: ☐ Middle school: ☐ High school: ☐ Some college: ☐ College graduate: ☐ Post graduate: ☐ Doctorate:
Employment:
Are you employed? [ ] Yes [ ] No
Company name:

What do you do there?
Full time? [ ] Part time? [ ]
Does your desire for treatment have anything to do with your job?
[ ] Yes [ ] No
If yes, please explain:
Are there any Guns/Weapons in your home? [ ] Yes [ ] No
If yes, please keep them under lock.
Thank you for completing this intake form. It will be reviewed with you during our first meeting.
Ann Schiebert, PsyD